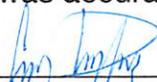


Information for Caregivers and Survivors

To My Caregivers and Survivors:

I have prepared this document to assist you in handling my affairs after my incapacity or death. It was accurate when I prepared it in January 2024.

Signature: _____



Date: _____



Notes:

- **Digital copies of all documents can be found at legacy.cory.fryling.name.**
- **All login credentials, passwords, and other confidential information are located in 1Password. See *1Password Emergency Kit* for more details.**
- **All financial information including balances and transactions is located in Quicken on my iMac.**
- **To log in to my user account on my iMac, use the low-security password identified in “general passwords/passcodes” in 1Password.**

Personal Information

Personal Data

Name: Cory Jack Fryling

Date of birth: December 26, 1976

Social Security number: 364-96-1013

Location of birth certificate: In safe in bedroom closet (see Part 6A)

Place of Birth

Name of hospital: Bronson Methodist Hospital

City: Kalamazoo

County: Kalamazoo

State: Michigan

Country: United States

Family Members

Jack Martin Fryling

Date of birth: September 8, 1939

Date of passing: January 6, 2015

Relationship: Father

Sharon Lee Fryling

Date of birth: January 21, 1939

Date of passing: February 24, 2014

Relationship: Mother

Jacquelin Kay Stevens

Date of birth: February 25, 1961

Relationship: Sister

Cary Martin Fryling

Date of birth: June 5, 1962

Relationship: Brother

Cindy Lee Books

Date of birth: February 16, 1964

Relationship: Sister

Medical Information

Primary Care Physician

Jeff Unger MD

9220 Haven Ave Ste 230

Rancho Cucamonga, CA 91730

Office phone: (909) 484-2105

Mobile phone: (951) 255-5565

Email: jungermd@mail.com

Other Health Care Providers

Dentist

Roger H. Schuster DDS

2811 Wilshire Blvd Ste 600

Santa Monica, CA 90403

Office phone: (310) 453-5300

Optometrist

Brandon Friedman OD

7890 Haven Ave, Unit 17

Rancho Cucamonga, CA 91730

Office phone: (909) 625-7861

Ophthalmologist

Ryan Smith MD

555 N 13th Ave

Upland, CA 91786

Office phone: (909) 945-9400

Note that I had PRK surgery performed in January 2021 by Andrew Caster MD, FACS.

He can be reached at (310) 274-1221.

Nutrition therapist

Elyse Cohen Resch M.S., R.D., F.A.D.A., C.E.D.R.D.

9478 W Olympic Blvd Ste 304

Beverly Hills, CA 90212

Office phone: (310) 551-1999

Email: elyseresch@gmail.com

Medical Insurance Policies

United Healthcare

Member ID: 986765603

Type of coverage: Copay Plan W/HRA (operates as PPO)

Location of medical insurance documents: <https://teamworks.wellsfargo.com/benefitsbookspd/>

The organization that sponsors this coverage: Wells Fargo

Drug coverage is provided by Express Scripts (below).

Express Scripts

Member number: 027467426634

Type of coverage: Prescription drug benefit

Location of medical insurance documents: <https://teamworks.wellsfargo.com/benefitsbookspd/>

The organization that sponsors this coverage: Wells Fargo

Delta Dental

Member number: D71576983

Person covered: Cory Jack Fryling

Type of coverage: Dental plan

Location of medical insurance documents: <https://teamworks.wellsfargo.com/benefitsbookspd/>

The organization that sponsors this coverage: Wells Fargo

Vision Service Plan

Member number: 00000425370

Person covered: Cory Jack Fryling

Type of coverage: Vision plan

Location of medical insurance documents: <https://teamworks.wellsfargo.com/benefitsbookspd/>

The organization that sponsors this coverage: Wells Fargo

Health Care Directive

Name of document: *Advance Health Care Directive*

Date signed: May 9, 2021

Location of health care directive: <http://legacy.cory.fryling.name/> (and attached)

People Aware of My Health Care Wishes

Cindy Lee Books

Cindy is my health care agent and has the authority to convey my treatment wishes to medical personnel.

Jacquelin Kay Stevens

Jacki is my alternate health care agent and has the authority to convey my treatment wishes to medical personnel.

Scott Li-Ju Huang

Scott is my second alternate health care agent and has the authority to convey my treatment wishes to medical personnel.

People to Notify

Address Book

Location: Contacts app on my Macs, iPad, iPhone and [iCloud.com](https://www.icloud.com).

Executors/Successor Trustees

Chelsea Grace Booth

Role: Executor of my will

Shelby Marcia Kintz

Role: Alternate executor of my will

Cheyenne Nicole Fryling

Role: Alternate executor of my will

Other People to Notify Upon My Death or Incapacity

Michael Riesmeyer

Relationship: Manager

Important Documents

Will

Location: <http://legacy.cory.fryling.name/> (and attached)

Date signed: May 9, 2021

I do not have a living trust.

Final Arrangements

Location: <http://legacy.cory.fryling.name/> (and attached)

Date signed: May 9, 2021

D. Disability and Life Insurance Policies

Basic term life insurance

Insurance Company: Minnesota Life Insurance

Policy number: 29450-G

Name of insured: Cory Jack Fryling

Amount of coverage: \$50,000

Beneficiaries: See the spreadsheet *Beneficiaries*.

Location of policy: <http://teamworks.wellsfargo.com/benefitsbookspd/>

Name of broker: Wells Fargo

Broker's phone: (877) 479-3557

Disability insurance

Insurance Company: Liberty Life Assurance Company of Boston

Name of insured: Cory Jack Fryling

Beneficiaries: See the spreadsheet *Beneficiaries*.

Location of policy: <http://teamworks.wellsfargo.com/benefitsbookspd/>

Name of broker: Wells Fargo

Broker's phone: (877) 479-3557

Critical illness insurance

Insurance Company: MetLife

Name of insured: Cory Jack Fryling

Beneficiaries: See the spreadsheet *Beneficiaries*.

Location of policy: <http://teamworks.wellsfargo.com/benefitsbookspd/>

Name of broker: Wells Fargo

Broker's phone: (877) 479-3557

Accident insurance

Insurance Company: MetLife

Name of insured: Cory Jack Fryling

Beneficiaries: See the spreadsheet *Beneficiaries*.

Location of policy: <http://teamworks.wellsfargo.com/benefitsbookspd/>

Name of broker: Wells Fargo

Broker's phone: (877) 479-3557

Tax Records

Location of returns not yet filed: <https://turbotax.intuit.com/>

Location of filed returns: /iCloud Drive/Documents/Archive/Records/Annals/Tax returns
(and <https://turbotax.intuit.com/>)

Other Important Documents

U.S. passport

Document ID or serial number: 554811045

Location of document: In safe in bedroom closet (see Part 6A)

College diploma

Location of document: On living room wall

Secured Places and Alarms Safe

Location of secured place: In bedroom closet

Combination: 545

Passwords and Online Accounts

All login credentials, passwords, and other confidential information are located in
1Password. See *1Password Emergency Kit* for more details.

Real Estate

None

Renters Insurance

Type of insurance: Renters insurance

Insurance company: Amica

Policy number: Changes annually

Business Interests

None

Vehicles

Automobile

Vehicle year: 2017

Vehicle make: Volkswagen

Vehicle model: Golf TSI Wolfsburg Edition

Vehicle ID Number (VIN): 3VW217AU1HM021199

License number: 7WBK478

Location of keys: Kitchen drawer

Vehicle Insurance

Insurance company: Amica

Policy number: Changes annually

Vehicle(s) covered: 2017 Volkswagen Golf

Other Insurance

Umbrella Insurance

Insurance company: Amica

Policy number: Changes annually

Pets

Lola

Description: Short-hair domestic cat, black, female, adopted Feb. 23, 2020 from Joey Garcia, born in 2011

Caretaker: Jason Brown

Health: Lola is easily stressed which can cause her to clean herself excessively causing hair loss and urinary health issues.

Feeding: Lola free-feeds on dry food. Additionally, I serve her cat broth and treats each day.

Activity: Lola enjoys chasing toys and going outdoors occasionally.

End of life: Please notify Joey Garcia in case he has any desires regarding the end of Lola's life. Otherwise, please donate her body for research or dispose of it in an economically and ecologically sound manner.

Other Property

None.

Finances

Durable Power of Attorney for Finances

Location: <http://legacy.cory.fryling.name/> (and attached)

Date signed: May 9, 2021

Attorneys-in-Fact

Attorney-in-fact

Name: Jacquelin Kay Stevens

Alternate attorney-in-fact

Name: Cindy Lee Books

Alternate attorney-in-fact

Name: Sean Conrad Castañón

Sources of Current Income

Employment

Payor name: Wells Fargo

ID number: 425370

Payment schedule: Biweekly

This income is being deposited directly to my Ally checking account.

Social Security

Social Security number: 364-96-1013

Location of documents: Safe in bedroom closet (see Part 6A)

IRA

Type of plan: Inherited/beneficiary IRA

Inherited from: Jack Fryling

Institution or name of plan: Merrill

Account number: 76W-14359

I am currently withdrawing required minimum distributions manually.

Beneficiaries: See the spreadsheet *Beneficiaries*.

Retirement Plan

Type of plan: 401(k)

Institution or name of plan: Wells Fargo

Beneficiaries: See the spreadsheet *Beneficiaries*.

Pension

Plan name: Cash balance plan

Employer: Wells Fargo

Dates employed: 2000-present

Brokerage Accounts

Merrill

Account number: 76W-14367

Beneficiaries: See the spreadsheet *Beneficiaries*.

Securities

See Quicken or log in to 401(k), IRA, and brokerage accounts for more information.